

## Haden Hill Swimming Club Press Release

### Success at Midland District Age Group Championships for Haden Hill

Last weekend saw the final sessions in the Midland District Age Group Championships for 2009. Haden Hill swimmers have enjoyed a successful time at the Championships, culminating in a gold medal winning performance from 13 year old Connor Oates in the 200 meter breaststroke. Connor, whose entry time would have seen him placed 14<sup>th</sup> swam a new personal best time to make the final as 3<sup>rd</sup> fastest qualifier before setting more new figures to claim the gold in the final.

Also swimming well in the 200 meter breaststroke was 12 year old Michael Sekula who also made the final of the event as 7<sup>th</sup> fastest qualifier before finishing in a very creditable 6<sup>th</sup> place in the race itself.

Both boys also performed well in the 100 meter event, both making the final for their age group and both finishing in impressive 6<sup>th</sup> places. Connor also finished 27<sup>th</sup> in the 400 and 200 meter freestyle events.

In the 200 meter butterfly event 14 year old Luke Morris performed well in the heats to make the final as the 4<sup>th</sup> fastest qualifier before finishing in a creditable 7<sup>th</sup> place.

11 year old Grace Sadler also swam well to take 15<sup>th</sup> place in the 100 meters freestyle, 26<sup>th</sup> in the 200 Individual medley and 22<sup>nd</sup> place in the 200 meter freestyle in a field of 43 swimmers.

All the swimmers achieved at least one new personal best time, a fitting tribute to all the hard work put in by all the swimmers, as well as lead coaches Steve Hickman and Lucy Walters.

On the domestic front the B team swimmers were involved in the Ross League final where they achieved an impressive 4<sup>th</sup> place overall. The team came away with 7 first place finishes from Nathan Collins (12 years 25 meter backstroke), Ryan Hazlewood (11 year 25 meter backstroke), Jack Haywood and Lauren Beardsmore (14 years 50 meter backstroke), Chloe Bennett (11 years 25 meter breaststroke), Abby Palmer (12 years 25 meter freestyle) and Zoe Haywood (13 years 50 meter freestyle). In total the team achieved 19 new personal best times and with only 1 disqualification it truly was an all round team effort.